



ENJOY

EMPOWER

EXCEL

Senior PE Lesson Activities

Autumn 1

	Monday P3	Wednesday P6	Friday P5
7PE1	Football	Netball	Swimming
7PE2	Swimming	Netball	Football

	Monday P5	Wednesday P2	Thursday P6
8PE1	Football	Swimming	Netball
8PE2	Swimming	Football	Netball

	Monday P6	Tuesday P4	Wednesday P4
9PE1	Netball	Football	Fitness
9PE2	Netball	Football	Fitness

	Wednesday P5	Tuesday P6
10PE1	Fitness	Netball
10PE2	Netball	Fitness

	Monday P1	Friday P6
11PE1	Netball / Fitness	Sport Ed GAMES
11PE2	Fitness / Netball	Sport Ed GAMES